



**St Cecily's English Hr Pry
School, Udupi**



Activity Report

2020 - 2021



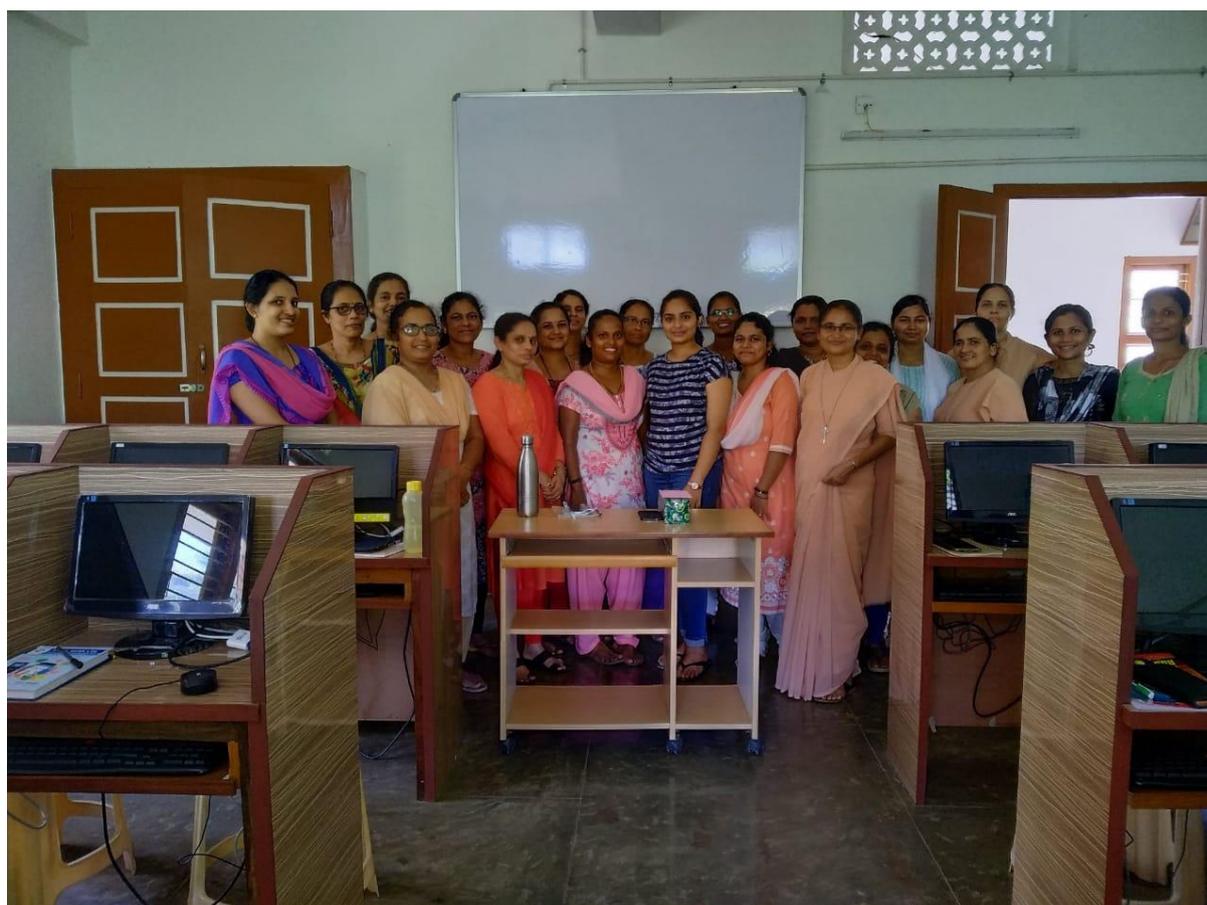
Vanamahotsava Day Celebration

Vanamahotsava day was celebrated on 7th June 2020 at 9:30 am. This programme started with a prayer service. The prayer service was conducted by some of the teachers. After the prayer service our HM spoke about the Vanamahotsava day and its importance. After her speech teacher Jennifer conducted the quiz competition related to the different leaves of the plants. Those teachers who guessed the correct answer were appreciated by the teachers planted different kinds of medicinal plants along with our HM and non- teaching staff.



Online Session

Online session for the teachers was conducted on 7th June 2020. The resource person was Ms Carol D'Souza. The session was started soon after the prayer service. In the beginning of the session she introduced about all the apps and told the importance about those apps. After a break she took all the teachers to the computer lab for the practical session. All the teachers actively participated in the session and also clarified their doubts and the resource person also taught us how to use the different apps in simple way. The same continued on 8th June 2020 along with the prayer service and other remaining part of the session was taught by the resource person. The session concluded at 12:30 pm.



Input Session for Teachers

The input session for teachers was held on 4th September 2020 at 2:00pm. The programme commenced with a prayer song. Headmistress Sr Jecinta D'Sa welcomed Dr Virupaksha Devaramane, the resource person of the day and greeted the teachers on the occasion of teachers day. The resource person spoke on the topic "Stress Management among teachers". Teachers suffer more stress than other workers. Due to the present situation of pandemic ordinary classroom has been replaced by the digital classroom. Teachers have been guided by the resource person to accept this situation positively. He also suggested certain tips to overcome stress. Teachers of the campus were present for the session. Tr Vidya proposed vote of thanks. The programme came to an end at 4:00pm with refreshments.



Teachers Day Celebration

Teacher's day was celebrated on 5th September 2020 at 9:30 am. That day all the teachers were present with colourful costumes. All the teachers were welcomed by the teachers Jennifer and Tr Smitha with flowers. After that our celebration began with a prayer service by candles. Then some of the wishing videos of the children sent by their parents have been shown on the projector. After that our teachers gave entertainment programme. In that jokes, skit, dances were included our Sr Philomena entertained us by conducting some interesting games. Our HM wished all the teachers and gave them a small gift then she also gave us a small refreshment. The programme came to an end with vote of thanks delivered by Tr Jennifer.



Teachers Activity Report

Edward de Bono says creative thinking is not a talent. It is a skill that can be learned. It empowers people by adding strength to their natural activities which improves teamwork, productivity and where appropriate profits. The teaching and non-teaching faculty of our school were given an opportunity to bring out their innate talents. Teachers participated in competitions like cooking without fire; best out of waste, vegetable carving, group song and a week time was given to prepare Teaching Learning Material in every subject in groups. Teacher's joy in creative expression and knowledge was appreciated by the judges of all the competitions. This week of displaying creativity was an occasion to learn one another activities and encourage each other to be a smart teacher.





Workshop on Mathematics

Workshop on mathematics was conducted for the teachers from 14th September to 16th September by Mr Sathyamoorthy Hebbar. Headmistress introduced the resource person.

He explained the use of Math Kit in teaching learning process which enhances mathematic learning. Teachers involved actively in preparing math models.

Tr Galine proposed vote of thanks. The programme came to an end at 4:00 pm



Gandhi Jayanthi

The greatness of humanity is not in being human, but in being human says Gandhi. On Oct 1st we the teachers gathered together for prayer service. Mrs Jyothi and Mrs Teena took the initiative to conduct this prayer service. After the prayer teachers cleaned their staff room. Students were encouraged to clean their belongings as they are at home. Thus we participated particularly in the cleanliness drive.



Children's Day

Every child is like a flower and no two flowers can be compared. Let us sacrifice our today so that our children can hence a better tomorrow with this in mind we the teachers put up a beautiful programme of half an hour which was recorded and uploaded in the YouTube which was much appreciated by the students and their parents. We thank God for our children pray God's blessings on them. May they grow up to be responsible citizens of our great nation.



Constitution Day

"A great man is different from an eminent one in that he is ready to be the servant of the society." Says Dr BR Ambedkar with this thought on 26th November we the teachers of St Cecily's gathered together to celebrate National Constitution Day or Samvidhan Divas. The significance of this day is that on this day in the year 1949, the Constituent Assembly of India adopted the Constitution of India 1949 and this came into effect on 26th January, 1950. Few of our teachers took the initiative and put up a small programme. Deon Dsouza Kalmady, who is pursuing LLB shared the meaning of preamble. He emphasized the importance of Constitution Day, the significance of its celebration and commemorated the people who contributed to the development of Indian constitution. The preamble of Indian Constitution i.e India to be a sovereign, socialist, secular and democratic republic which is aiming to secure justice, liberty, equality to all citizens and promote fraternity to maintain unity and integrity of the nation were stressed in his speech as these rights are necessity and are not a privilege. Students participated in drawing and learnt the preamble of Indian Constitution.

Ms Nancy Mendonca, Mrs Teena Menezes, Mrs Vinet Quadros and Sr Philomena AC coordinated this program.



Thinking Day

“So Powerful is the light of unity that it can illuminate the whole earth.”

Thinking day is celebrated annually on 22nd February by all guides and scouts. It is a day when they think about their sisters and brothers in all the countries of the world.

The theme for World Thinking Day 2021 is peace building. Stand strong, stand up and stand together for peace building.

“The quality of a life is determined by its activities.”

To inculcate the value of peace among students, activities like dove origami, pin wheel, heart template, fingerprint dove display, peace vocabulary word search and decorating peace symbol were conducted.

On Thinking Day our Scouts and guides participated in the Sarva Dharma Prayer at Bhujangha Park, Ajjakad followed by peace procession till BEO office Udupi organised by Udupi Local Association Lady Cub Master Jyothi Latha Lobo and Flock leader Vinet Andrade accompanied 23 Scouts and 12 Guides.

“A God deed brightens a dark world.” To encourage generosity among the students, they were asked to perform good deeds and upload the image of the same in the website of Scout and Guides Association.



Hindi Week Report

“Hindi Mera Eman hai,

Hindi Meri Pehchan hai.”

“Hindi Ka Samman Karen,

Desh Ka Maan Karen.”

“Hindi Hamari Shaan hai,

Desh Ka Abhiman hai.”

Hindi week was organised for the students from 15th February to 20th February. Classwise activities were given to the students from class 1 to class 7 as follows:

Std I : Creativity in writing Varnamala.

Std II : Creativity in Writing ginti.

Std III : Creativity in writing Saptah Ke Din

Std IV : To say few words about My Family.

Std V: To Narrate Moral Stories.

Std VI : To write an essay about Helen Keller

Std VII: Recitation (Rahim Ke Dohe)

Most of the students took part with interest and won the certificates.

“BOLNE SE PEHLE SOCHO,

SOCHHNE SE PEHLE PADHO”.

St Cecily's English Hr Pry School, Udupi

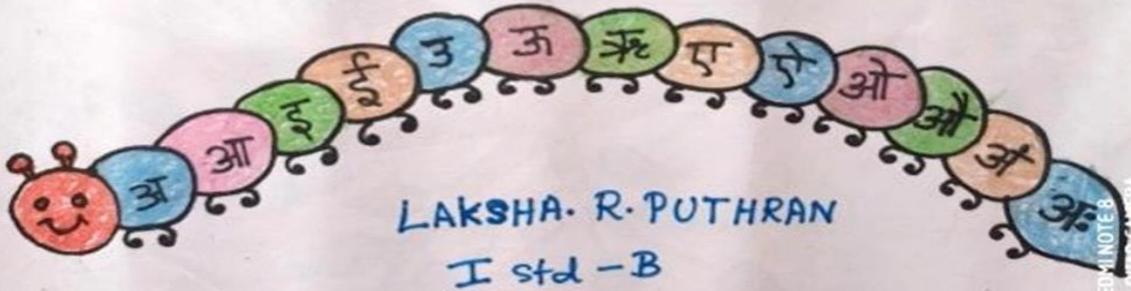
Celebrates Hindi Week - 2021



Creativity in writing hindi varnamala.

HINDI DIWAS

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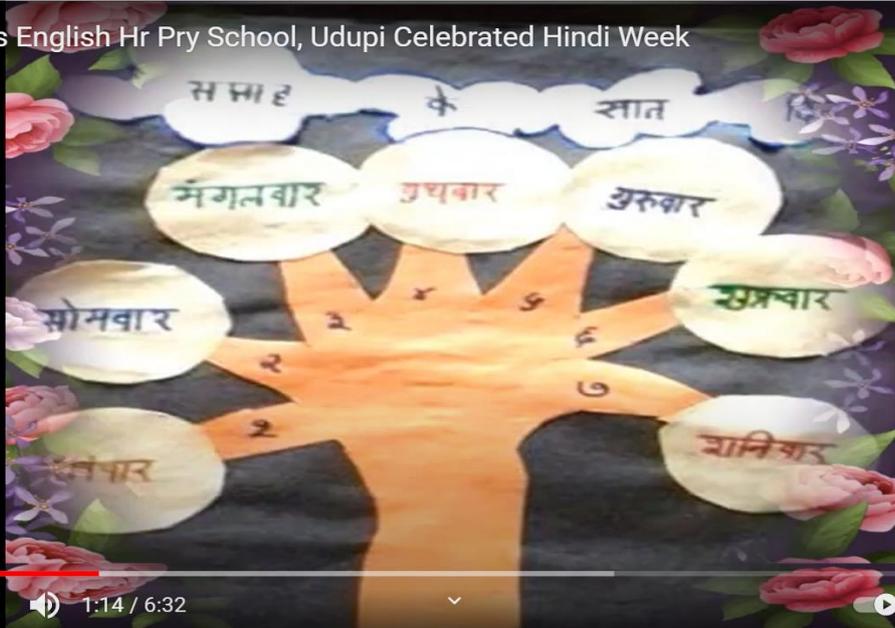


LAKSHA. R. PUTHRAN

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St Cecily's English Hr Pry School, Udupi Celebrated Hindi Week



1:14 / 6:32

Sesquicentennial Celebration and School Feast

To mark the event of sesquicentennial celebration we had campus get together. Sr Jeswina, the resource person of the day gave a gist of the history of the Apostolic Carmel congregation and the Founder Mother Veronica of the Passion. We also kept up the celebration of the patroness of our school St Cecily and celebration of a Headmistress birthday in our school. We had a short prayer service. All the staff and non-teaching staff took part in this. We wished our Headmistress with wishing song and shared our joy with refreshment.



Fit India week 2020 Report

Fit India Movement is a national wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. It was launched by Prime Minister of India Narendra Modi at Indira Gandhi stadium in New Delhi on 29th August 2019 on National Sports Day.

This year to promote fitness among school children 'Fitness Week' was celebrated as a part of Fit India Movement. As per the information on 14/12/2020 to 19/12/2020. Fit India week was celebrated in St Cecily's English Hr Pry School, Udupi. Virtual classes were conducted each day to encourage the students.

On 14/12/2020 in the virtual class prayer and activites classes were conducted. Students were instructed to participate in different activities like prayer, aerobics, dance, skipping etc. 50 students were participated in various activities and sent photos to the school whatsapp number. Photos and information's were uploaded to the Fit India website on that day itself.

On 15/12/2020 in the virtual class prayer and standing yogasana was done. Students participated in the activities and sent the photos to the school whatsapp. 115 students were participated.

On 16/12/2020 instructions were given to the students to play concentration games like chess, rubrics cube and preparation of posters about "Fit India". 57 students were participated.

On 17/12/2020 essay writing or creating poem activity was given on the topic of "Taking care when contaminated diseases to avoid and food habits." 120 students were participated.

On 18/12/2020 online quiz and one minute games were conducted. 350 students were participated.

On 19/12/2020 Fit India family activity was given. Students were participated in various activities like family warm-up exercises, family yoga, family games were played. 91 students were participated.

Each days activity photos and information were uploaded to the Fit India Website and certificates were downloaded. Fit India activity video was prepared and sent to the students.



Amateur Junior Athletic Meet 2021 Report

Zilla panchayath Udupi, Youth and sports committee Udupi district, Mangalore University, Dr. G. Shankar women's government first grade college Ajjarkad and Udupi Amateur athletic association coordinated Amateur Junior Athletics 2021 under 14 years meet on 01.03.2021 and 02.03.2021 at Mahatma Gandhi District stadium, Udupi. 15 students of our school were participated in march-past and various athletic events.

Our students performance is as followed.

Name	Class	Place	Event
Neha Rao	VI	I	High jump
Sanvi Acharya	VI	II	High jump
Kavana	VII	III	Ball throw
M.D. Safruddin	VII	II	Ball throw
Aavani	VI	II	Long + 60 Mts race
Sanidhya Bekal	VII	II	Shot-put
Shashank	VII	II	High jump
Tanish V.H	VII	I II	600 Mts race & 60 mts race

Winners were honoured with medals and certificates.



Women's Day Celebration and Felicitation to Miss Thanushree at St Cecily's Eng Hr Pry School, Udupi

A daughter who serves, a sister who loves, a mother who cares, bestower of love, life, friendship and trust, a picture of poise, strength and grace, a dreamer, achiever, a winner all along. We celebrate the phenomenal women today.

St. Cecily's English Higher Primary School organised a short programme for our girls and their mothers. The programme began with a prayer dance invoking God's blessings. Sr Jecintha D'sa ,the Headmistress of the school welcomed the gathering with her beautiful smile and loving words. Sr. Philomena offered a bouquet of flowers to Mr.Charlton Cardoso ,the speaker of the day as a gesture of warm welcome. Our boys and girls conveyed the wishes of the day through a melodious song, rhythmic dance and a value based skit. Mis.Thanushree, the Guinness record holder performed a yoga dance.

Mis.Thanushree Pithrodi, the student of St.Cecily's Kannada Higher Primary School,Udupi,was honoured on her achievement of World Guinness Records for the sixth times in most Backward Body skips in one minute.Mr.Charlton Cardoso Our Chief Guest,Sr.Maria Vibha,the Joint Secretary, Sr.Violet Tauro, the Admistrator of our school,Mrs.Asha Vaz, the PTA Vice President ,Sr.Jecintha D'sa,our Headmistress, Mrs.Jenifer ,the teacher representative felicitated her.

Mr.Charlton Cardoso, the Resource Person of the day addressed the gathering with his health tips, Empowering Women to better Health.Mrs.Dreama Gracy Vaz proposed vote of thanks. Mrs. Cecilia Castelino compered the programme.



Republic Day Report

Republic Day a national festival was celebrated on 26th January 2021. Flag hoisting in the morning at 8:45 am in our school grounds. A few teachers, close by students of English Hr Pry , High School, PU College, Kannada Pry were present. A few parents of our students were also present. A short programme was conducted by the students of classes VII AB, which included a prayer service, significance of the day, recitation of the preamble, patriotic songs, patriotic dances and a short skit. It was simple programme. Students just arrived to the school, after long duration of Covid-19 vacation. Our Headmistress Sr Jecintha gave a message of Republic Day. Sr Maria Philomena A.C. took the initiative to have this short programme. A video was prepared and sent to other students in the parent app.



National Science Day – 2021

National Science Day was celebrated on 27th Feb 2021 as 28th Feb was Sunday. The days programme began with a prayer, followed by a group song on science day, introductory speech on the importance of science day by the students and a few experiments performed by the students and the teachers. Groupwise science quiz was conducted and five groups were chosen for the finals from a total of thirteen groups participated. Children enjoyed a lot. Prizes were distributed for the winners of the quiz programme and our Headmistress congratulated the winners and also the teachers Mrs Roopa, Mrs Vidya, Mrs Jennifer, Mrs Cecilia, Mrs Divya and Ms Sowjanya.

In connection with science day many competitions were held online for all the students, such as model making for all the classes. Recording seed germination for classes 1 to 3, making a video on any one of the given topics to classes 4 & 5 and making a PPT on any one of the topics from their science textbook for classes 6 and 7. The models made were displayed on science day. Thus the programme came to an end with National Anthem.



Historical visit of MLC S.L. Bhojgowda

On 28th March, Saturday Sauhada programme was held in our school hall for the members of education department Udupi. On this occasion MLC S.L. Bhojgowda had to address the gathering. It was our privilege to meet MLC S.L. Bhojgowda. He met all the teaching and non-teaching staff. Our Headmistress appreciated and thank for his constant help in our school official work. She offered a small gift with a token of gratitude. The meeting ended with refreshment and group photo.



Cecily's Cenjivini and Vitanic Orchard

The best place to find God is in a garden. You can dig for him there. - **George Bernard Shaw.**

Planting an herb garden is a wonderful way to enjoy the sights, smells and tastes of a wide variety of plants. Fresh herbs are often easy to cultivate and can grow in a small garden in the back yard, in pots on an outdoor patio or sunroom, or even in a window box inside a kitchen.

The green commission of the Apostolic Carmel, Karnataka Province organized a competition of Kitchen garden, herbal garden and flower garden. The auxiliary staff of St Cecily's English Hr Pry School, Udupi actively participated in this competition and won second prize in Herbal and kitchen garden.

A healthy garden requires regular maintenance throughout the growing season. Most plants require sun, water and nutrients to produce well. Gardeners must mainly worry about nutrients and water if they plant in a bed with the proper sun exposure. General plant upkeep combined with pest and disease prevention usually doesn't require a large time investment if you dedicate yourself to doing the garden chores weekly. A neglected garden requires more effort and time to return to good health.

We named our herbal garden as Cenjivini and kitchen garden as Vitanic Orchard



